

Electronic Frailty Index (eFI)

20 Disease states

e.g.,

- Hypertension
- Arthritis
- Chronic Kidney Disease
- Ischaemic Heart Disease
- Diabetes
- Thyroid Disease
- Urinary System Disease
- Respiratory System Disease

1 Abnormal Laboratory Value

- Anaemia and haematinic deficiency

36 Frailty deficits of eFI

8 Symptoms / signs

- Polypharmacy
- Dizziness
- Dyspnoea
- Falls
- Sleep Disturbance
- Urinary Incontinence
- Memory & cognitive problems
- Weight loss & anorexia

7 Disabilities

- Visual Impairment
- Hearing Impairment
- Housebound
- Social Vulnerability
- Requirement for care
- Mobility & transfer problems
- Activity limitation

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